

Manor Farm Park, Birmingham 31

Summer Events Calendar

We hope you and your family can come and join us in the park for a range of activities for all ages over the summer months.

How to book, where indicated

All events are free to attend, however some require booking as there are limited spaces available. Please see each event description, and click on the words 'please register for this event' which will take you to the correct booking form. Once you have submitted the form, if you want to book for another event, then please press back twice after submitting the form it will take you back to this document. If an event is fully booked, you will see a message saying it is full, sorry. For this reason we advise you to book as soon as you can.

After the event

After your or family members have taken part in the event we would love to hear from you. Your feedback is important to help us develop this programme for the future, so please click here to leave feedback on any of the events below

We hope you have lots of fun and would love you to tag us in any pictures of your antics on Instagram @ManorFarmPark

We are grateful to our funders who have enabled this summer of fun in the park.







July

Date	Time	Activity & Description	Age Range	Additional information
Friday 01/07/22	1000-1130	Forest Schools for children aged 1-4 Join us in the woods for a play session led by ecobirmingham Children should be supervised by parents/carers at all times. Bring layers and old clothes. Forest schools happens whatever the weather!	1-4 years	Please register for this event, further details will be communicated after registration.
Saturday 02/07/22	1100	Fitness Bootcamp led by KO running Come along to our fun and engaging fitness session which is open to anyone. These sessions are aimed to improve functional fitness and will make you feel healthier as well as increasing your confidence.	16 years and over	Please register for this event, further details will be communicated after registration.
Friday 08/07/22	1000-1130	Forest Schools for children aged 1-4 Join us in the woods for a play session led by ecobirmingham Children should be supervised by parents/carers at all times. Bring layers and old clothes. Forest schools happens whatever the weather!	1-4 years	Please register for this event, further details will be communicated after registration.
Saturday 09/07/22	1100	Fitness Bootcamp led by KO running Come along to our fun and engaging fitness session which is open to anyone. These sessions are aimed to improve functional fitness and will make you feel healthier as well as increasing your confidence.	16 years and over	Please register for this event, further details will be communicated after registration.
Tuesday 12/07/22	1900	Art Workshop delivered by local artists Each week will have a different theme, you will be guided to learn new skills and meet some new friends. This session is for adults.	16 years and over	Please register for this event, further details will be communicated after registration

Friday 15/07/22	1000-1130	Forest Schools for children aged 1-4 Join us in the woods for a play session led by ecobirmingham Children should be supervised by parents/carers at all times. Bring layers and old clothes. Forest schools happens whatever the weather!	1-4 years	Please register for this event, further details will be provided on registration.
Saturday 16/07/22	1100	Fitness Bootcamp led by KO running Come along to our fun and engaging fitness session which is open to anyone. These sessions are aimed to improve functional fitness and will make you feel healthier as well as increasing your confidence.	16 years and over	Please register for this event, further details will be communicated after registration.
Tuesday 19/07/22	1900	Art Workshop delivered by local artists Each week will have a different theme, you will be guided to learn new skills and meet some new friends. This session is for adults.	16 years and over	Please register for this event3`1, further details will be communicated after registration.
Saturday 23/07/22	1100	Fitness Bootcamp led by KO running Come along to our fun and engaging fitness session which is open to anyone. These sessions are aimed to improve functional fitness and will make you feel healthier as well as increasing your confidence. Anyone under 16 year of age needs to be accompanied by an adult	16 years and over	Please register for this event, further details will be communicated after registration.
Saturday 23/07/22	1400-1445 1500-1500	Street Dance workshop for children aged 12 and over hosted by artists from Northfield Arts Forum. Two 45 minute sessions held	12-16 years	Parent or carer supervision is required at all times Meet near the Gazebo at the carpark
Saturday 23/07/22	1000	Foraging walk around Manor Farm Park hosted by Sustainable Life Birmingham for families and adults. The walk will look at common wild plants with edible or medicinal uses, historical uses and poisonous lookalikes aimed at beginners and helping you to get started in the world of foraging	Adults and supervised children over 12 years	Please register for this event, further information will be provided after registration.
Tuesday 26/07/22	1900	Art Workshop delivered by local artists Each week will have a different theme, you will be guided to learn new skills and meet some new friends. This session is for adults.	16 years and over	Please register for this event, further information will be provided after registration.

Thursday 28/07/22	Under 4s 1000-1045 4-8yrs 1100-1200 8-12 years 1230-1430	Storytelling Fun and adventures facilitated by artists from Northfield Arts Forum Join us with a blanket and a picnic to be transported to a world of imagination and play for all ages	0-12 years (check timings)	Parent or carer supervision is required at all times, feel free to bring a picnic and a blanket. Meet near the Gazebo at the carpark
Saturday 30/07/22	1100	Fitness Bootcamp led by KO running Come along to our fun and engaging fitness session which is open to anyone. These sessions are aimed to improve functional fitness and will make you feel healthier as well as increasing your confidence. Anyone under 16 year of age needs to be accompanied by an adult	16 years and over	Please register for this event, further details will be communicated after registration.
Saturday 30/07/22	1400-1445 1500-1500	Street Dance workshop for children aged 12 and over hosted by artists from Northfield Arts Forum	12-16 years	Parent or carer supervision is required at all times Meet near the Gazebo at the carpark

August

Date	Time	Activity	Age Range	Additional information
Tuesday 02/08/22	1900	Art Workshop delivered by local artists Each week will have a different theme, you will be guided to learn new skills and meet some new friends. This session is for adults.	16 years and over	Please register for this event, further information will be provided after registration.
Thursday 04/08/22	4-7 years 1000-1130 8-12 years 1200-1430	Woodland craft sessions with local artists for children aged 4-12 years Join us to spend some time playing with natural materials and learning about the world around you through craft	4-12 years (check timings)	Bring a picnic if you would like! Parent or carer supervision is required at all times Meet near the Gazebo at the carpark
Monday 08/08/22	1000	Survival bushcraft for 13-15 year olds in Manor Farm Park	13-15 year olds	Please register for this event, further details will be provided.
Tuesday 09/08/22	1900	Art Workshop delivered by local artists Each week will have a different theme, you will be guided to learn new skills and meet some new friends. This session is for adults.	16 years and over	Please register for this event, further information will be provided after registration.
Thursday 11/08/22	Under 4s 1000-1045 4-8yrs 1100-1200 8-12 years 1230-1430	Storytelling Fun and adventures facilitated artists from Northfield Arts Forum Join us with a blanket and a picnic to be transported to a world of imagination and play for all ages	0-12 years (check timings)	Parent or carer supervision is required at all times Meet near the Gazebo at the carpark
Saturday 13/08/22	1000	Tree Identification Walk Join us on a walk with an experienced arborist to learn about the woodland habitat of your local park	Adults and supervised children over 12 years	Please register for this event, further details will be provided.

Monday 15/08/22	1000	Survival bushcraft for 11-13 year olds in Manor Farm Park	11-13 year olds	Please register for this event, further details will be provided.
Tuesday 16/08/22	1900	Art Workshop delivered by local artists Each week will have a different theme, you will be guided to learn new skills and meet some new friends. This session is for adults.	16 years and over	Please register for this event, further information will be provided after registration.
Wednesday 17/08/22	1100	Family yoga for families with children aged 4 and over A fun filled family yoga session, with yoga games aimed at building strength, flexibility and mindfulness. Bring a blanket to relax at the end!	Families with children over 4 years	Meet at the Gazebo by the car park. Bring a mat and blanket Parent or carer supervision is required at all times
Wednesday 17/08/22	1830	Adult yoga class Join us for outdoor yoga & connect with nature! A mixed ability class which offers a variety of options, allowing you to practice according to your needs. This class will help you to improve strength, flexibility, balance and a calmer state of mind.	16 years and over	Meet at the Gazebo by the carpark Bring a mat and blanket
Thursday 18/08/22	4-7 years 1000-1130 8-12 years 1200-1430	Woodland craft sessions with local artists Join us to spend some time playing with natural materials and learning about the world around you through craft	4-12 years (check timings)	Bring a picnic if you would like! Parent or carer supervision is required at all times Meet near the Gazebo at the carpark
Thursday 25/08/22	Under 4s 1000-1045 4-8yrs 1100-1200 8-12 years 1230-1430	Storytelling Fun and adventures facilitated by artists from Northfield Arts Forum Join us with a blanket and a picnic to be transported to a world of imagination and play for all ages	0-12 years (check timings)	Parent or carer supervision is required at all times Meet near the Gazebo at the carpark
Wednesday 31/08/22	1100	Family yoga for families with children aged 4 and over A fun filled family yoga session, with yoga games aimed at building strength, flexibility and mindfulness. Bring a blanket to relax at the end!	Families with children over 4 years	Meet at the Gazebo by the car park. Bring a mat and blanket. Parent or carer supervision is required at all times

Wednesday	1830	Adult yoga class	16 years and	Meet at the Gazebo by
31/08/22		Join us for outdoor yoga & connect with nature! A mixed ability class which offers a	over	the carpark
		variety of options, allowing you to practice according to your needs. This class will		Bring a mat and
		help you to improve strength, flexibility, balance and a calmer state of mind.		blanket

September

Date	Time	Activity	Age Range	Additional information
Saturday	1000	Foraging walk around Manor Farm Park hosted by Sustainable Life Birmingham for	Adults and	Please register for this
17/09/22		families	supervised	event, further details
			children over	will be provided.
			12 years	