

# Are You Having a Difficult Time?

Please come and talk to us — we can help with ...

Low Mood | Struggling to Cope | Suicidal Thoughts

Our Talking Space service offers an out of hours, safe place,  
to come and chat with our Intervention Workers.

(with access to clinical support if needed)

# Talking Space

Open to anyone aged 18+

5pm till 11pm | Thursday - Sunday

By Appointment Only | Call Us:

0121 262 3555

Email: [admin.northfield@creativesupport.org.uk](mailto:admin.northfield@creativesupport.org.uk)

Book Now



Creative Support  
888 Bristol Road South  
Northfield  
Birmingham  
B31 2NS

Bus routes: 61, 63,  
X20,18,27,76.

15 minute walk from  
Northfield Train Station

