



Holly Hill
Church School

Life in all its Fullness

28th February 2023

Dear Parents and Carers,

Family First: Behaviour Secrets for Parents!

Is your child's behaviour at home sometimes challenging? Would you like some advice on how to manage difficult behaviour?

If so, we would like to invite you to join us to take part in a series of short sessions called 'Family First' created by Beacon School Support. Family First guides parents through the behaviour secrets every parent should know. It is designed to be a step-by-step guide to managing behaviour in the home. In each session, we will have the opportunity to watch a short video and discuss how the strategies shared can be used at home.

Sessions will take place here at school on Tuesday mornings between 9:00 and 9:30 and there will be a different focus each week, as follows:

1. When and then - 21st March
2. How to get the behaviour you want – 28th March
3. How to speak so children listen – 18th April
4. How to build a positive relationship – 25th April
5. The power of limited choices- 2nd May
6. How to really listen to your children – 9th May
7. Setting boundaries – 16th May
8. Consequences that change behaviour- 23rd May
9. How to get your evenings back – 6th June
10. How to manage screen time – 13th June
11. How to deal with strong emotions – 20th June

If you would like to attend the sessions, please let either myself or Mrs Ingleby know as soon as possible.

Yours sincerely

Kate O'Neill

Assistant Headteacher and SENDCO



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Executive Head: Charlotte Taylor Head of School: Mark Carr

This school is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment